



MIDDLE SCHOOL Information

Booklet

Years 7, 8 & 9

A large, light green geometric graphic that resembles a stylized ribbon or a series of overlapping trapezoidal shapes. It is positioned horizontally across the lower half of the page. The year "2024" is printed in a large, black, sans-serif font on the rightmost section of this graphic.

2024

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WELCOME MIDDLE SCHOOL 2024

Welcome to our Middle School students for 2024. In this booklet we have tried to give as much information as possible so that when you start on your first day you will feel confident and happy.

Rouse Hill High School offers an excellent academic program, highly qualified teachers and a safe and caring learning environment. We encourage students to take advantage of the exciting range of educational opportunities that are available and to always daRe to achieve their best.

Rouse Hill High School is a modern, vibrant comprehensive high school with rich relationships with the primary schools of our learning community. In 2024, Rouse Hill High School will have Year 7 through to Year 1.2 enrolments of approximately 1400 students. You will be a valued part of the Rouse Hill High School culture of success and educational excellence.

Tuesday 14 November 2023 is Rouse Hill High School's Promotion Day. All students will progress to their next grade level and begin studying the curriculum for that year.

Exciting times are ahead, and we look forward to seeing you next year as you continue your educational journey as a student of Rouse Hill High School.

Principal: Mr S Kelly

Deputy Principal - Years 9 & 1.2: Ms M Castle

Deputy Principal – Years 8 & 1.1: Ms B Virwani

Deputy Principal – Years 7 & 1.0: Ms P Healey



SCHOOL PROMOTION DAY

Rouse Hill High School will be starting the 2024 school year on Tuesday 14 November 2023. Students in Year 7 and Year 8 will be promoted to their following year in Week 6 of Term 4.

Students will be issued with their new timetable via Millennium on Monday 13 November. Students will need to be equipped with books and stationery for the new year of study starting on Week A of their timetable on Tuesday 14 November.

THE FIRST DAY 2024 – Year 7

School commences for Year 7 on **Thursday 1 February 2024** at 8.45am. Students will need to wear full school uniform and bring their school bag, a book, pens and pencils, laptop, recess, lunch and a drink. The canteen will be open.

At 8.45am, students will be directed to assemble in the hall for a 'Welcome to High School' assembly. Students will be organised into their peer support groups. The peer support groups will form the basis of the Year 7 class groups for Weeks 1-3 of Term 1.

Weeks 1-3 2024

During this time, students will participate in a number of programs to support an effective transition to Rouse Hill High School. This will include the following sessions:

- Adapting to a new setting 'Big Fish, Little Fish'
- How to navigate Google Classroom
- Managing home learning and assessment tasks
- Classroom expectations and routines
- Establishing and maintaining new friendships
- Learning to read a timetable

Students will complete diagnostic assessments to provide the school with further information about their individual literacy and numeracy needs. Students will also participate in a range of KLA specific learning opportunities. This will enable teachers to determine the most effective class groupings.

Week 4 2024

On Monday of Week 4, students will move out of their peer support learning groups and into their permanent class for 2024. At this stage, all students will be highly prepared for learning in the high school setting.

Please contact Year 7 Coordinators Mr Rob Moiler or Ms Beth Proctor, if you have any questions.

THE FIRST DAY 2024 – Years 8 & 9

School commences for Year 8 & 9 on Monday 5 February 2024 at 8.45am and finishes at 2.57pm.

Program

Day 1 Monday 5 February 2024

8.45am Period 1 Students are to go to their Period 1A lesson for Monday Week A
9:24am Period 2
10.03am Recess
10.33am Period 3
11.12am Period 4

11.51am Period 5
12.30pm Lunch
1.00pm Period 6
1.39pm Period 7
2.18pm Period 8
2:57pm End of day

Day 2 Tuesday 6 February 2024

8.45am Students will attend normal timetabled classes for Tuesday Week A

2024 TERM DATES FOR RHHS

Term 1	<u>Thursday, 1 February 2024</u>	-	<u>Friday, 12 April 2024</u>
Term 2	<u>Tuesday 30 April 2024</u>	-	<u>Friday, 5 July 2024</u>
Term 3	<u>Monday, 22 July 2024</u>	-	<u>Friday, 27 September 2024</u>
Term 4	<u>Monday, 14 October 2024</u>	-	<u>Wednesday 18 December 2024</u>

Rouse Hill High School - School Development Days 2024

Term 1	<u>Tuesday, 30 January 2024</u> <u>Wednesday, 31 January 2024</u>
Term 2	<u>Monday, 29 April 2024</u>
Term 4	<u>Monday, 18 November 2024</u> <u>Thursday 19 December 2024</u> <u>Friday, 20 December 2024</u>

CONTACT INFORMATION

Address: 240 Withers Road, Rouse Hill 2155
PO Box 6120, Rouse Hill 2155

Phone: 9836 1890

Email: rousehill-h.school@det.nsw.edu.au

Web: www.rousehill-h.schools.nsw.gov.au

School Code: 8291 Metropolitan North, The Ponds

Office hours: 8.00am – 3.30pm

KEY STAFF

Principal: Mr S Kelly

Deputy Principal - Years 9 & 1.2: Ms M Castle

Deputy Principal – Years 8 & 1.1: Ms B Virwani

Deputy Principal – Years 7 & 1.0: Ms P Healey

Head Teacher – Administration: Ms M Vogt & Ms N Koski

Head Teacher – Wellbeing: Ms E Ates

School Counsellors: Ms E Myers

The Counsellors are able to assist students in solving problems that impact on their school life.

School Careers Adviser: Ms K Henson

The Careers Adviser is able to assist Senior students with all enquiries and assistance with work experience, subject selection, TAFE and University applications.

Head Teachers

Provide support for students and staff within their faculties. Any curriculum queries are to be directed to the subject Head Teachers.

Middle School Team

Year 7 Coordinators Ms Beth Proctor & Mr Rob Moiler

Year 8 Coordinators Ms Sophia Kendros & Ms Gurve Sidhu

Year 9 Coordinators Mr Julian Garcia & Ms Natasha Koski

SCHOOL HOURS

School begins each day at 8:45am, and concludes at 2:57pm (Tuesday 2:46pm).

Supervision of students in the quad occurs from 8.15am. A bell sounds between periods.

Sport is held on Wednesdays and is compulsory for Years 7 – 1.0. All students need to attend the Swimming and Athletics Carnivals to meet mandatory sport requirements.

BELL TIMES

Monday, Tuesday*, Thursday, Friday

Year 7, 8

Period 1	8:45am – 9:24am
Period 2	9:24am - 10:03am
Recess 1	10:03am - 10:33am
Period 3	10:33am - 11:12am
Period 4	11:12am – 11:51am
Period 5	11:51am – 12:30pm
Lunch 1	12:30pm - 1:00pm
Period 6	1:00pm – 1:39pm
Period 7	1:39pm - 2:18pm
Period 8	1:39pm – 2:57pm

Year 9

Period 1	8:45am – 9:24am
Period 2	9:24am - 10:03am
Period 3	10:03am - 10:42am
Recess 2	10:42am - 11:12am
Period 4	11:12am – 11:51am
Period 5	11:51am – 12:30pm
Period 6	12:30pm - 1:09pm
Lunch 2	1:09pm – 1:39pm
Period 7	1:39pm - 2:18pm
Period 8	1:39pm – 2:57pm

*Tuesday finish 2.46pm

Wednesdays

Period 1	8:45am – 9:24am
Period 2	9:24am – 10:03am
Recess	10:03am – 10:33am
Period 3 (7/8 Sport)	10:33am – 12:30pm
Lunch	12:30pm – 1:00pm
Period 4 (9/10 Sport)	1:00pm – 2:57pm

ATTENDANCE AND ABSENCES

Missing school means your child misses out on vital information and maintaining learning routines. This can result in a loss of confidence and missing out on forming vital friendships.

Attendance is recorded each day. As a parent or caregiver you are responsible for ensuring your child attends school every day including sports days, unless your child:

- has an unavoidable medical or dental appointment (preferably these should be made after school or during holidays)
- is required to attend a recognised religious holiday
- is required to attend an exceptional or urgent family circumstance (such as attending a funeral)
- is sick, or has an infectious illness.

Students need to attend school regularly to meet the course requirements of the Higher School Certificate.

If you are having difficulty getting your child to attend school regularly, you might like to talk to the deputy principal or the school counsellor.

If your child has to be absent from school for any reason, including arriving late or leaving early, please contact the school to explain the reason by return sms, email, written note or phone as soon as possible and within seven days.

Information regarding compulsory school attendance can be accessed on our school website: <https://rousehill-h.schools.nsw.gov.au/about-our-school/rules-and-policies.html>

ATTENDANCE SMS

Parents of students absent from school will be notified daily via SMS.

Please reply to the SMS with your child's name, the reason for the absence and the date of absence as per the sample.

Please note that the SMS is sent through the school attendance software *Millennium* and the school mobile number associated with the SMS, 0427 016 460, can only be used for attendance SMS. To verify the reply SMS, the mobile number used to reply is automatically cross-referenced against your child's Millennium record.

Rouse Hill High School records show John Citizen is absent Monday, 6 August 2018. Please reply SMS student name/absence reason/absence date.

John Citizen / Sick with the flu / 6 Aug 2018

MILLENNIUM PARENT PORTAL

The Millennium Parent Portal is used to distribute school reports. The portal can be accessed at the following URL <https://www.millenniumschoools.net.au/portal/>

To login parents use their unique username and password. These details will be emailed to parents during Term 1, 2024.

The Millennium Parent Portal allows parents to print historical school reports and also view their child's attendance record.

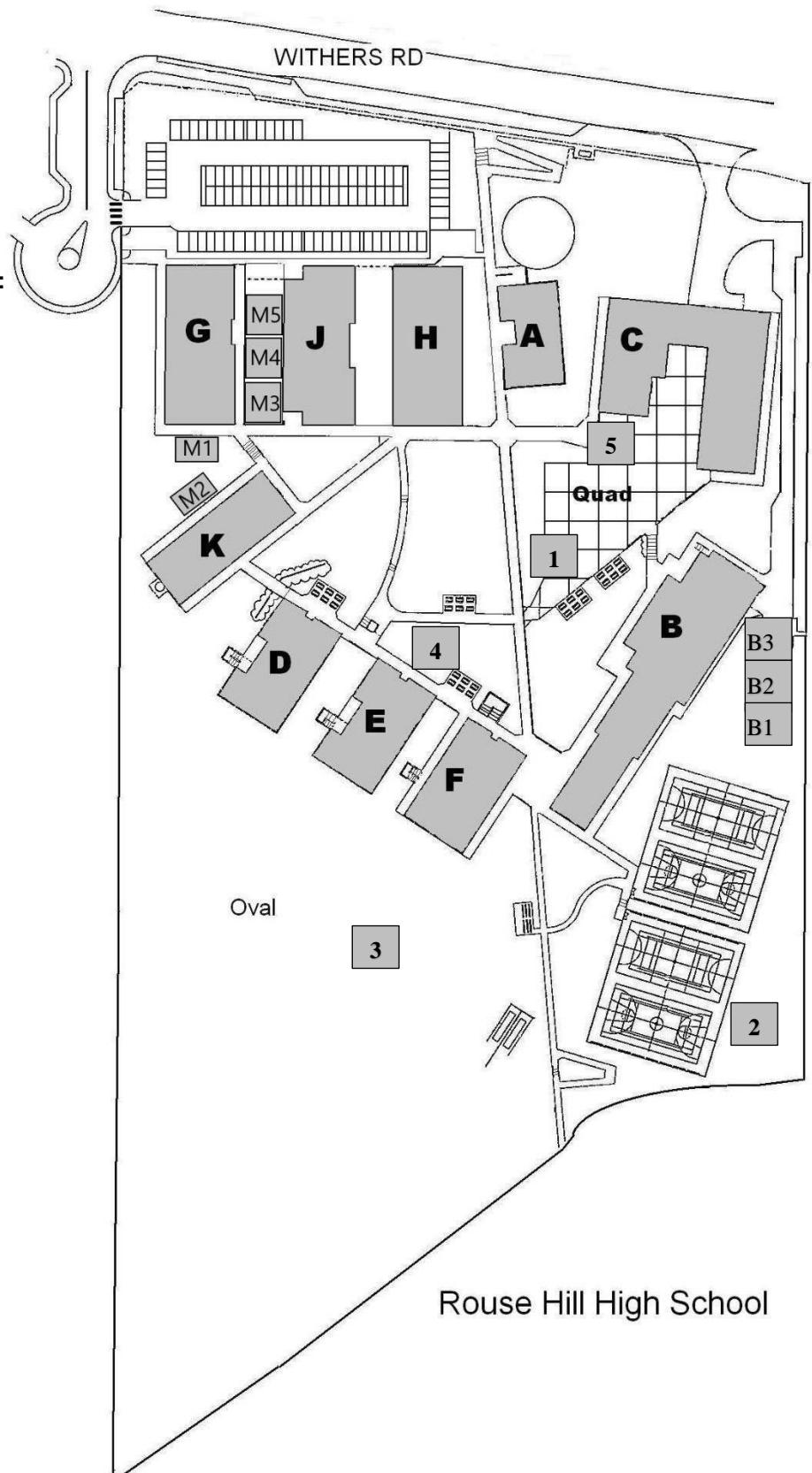
Video tutorials on how to access the portal and print reports can be viewed at the school Youtube channel. This can be accessed through an internet search of "Rouse Hill High School Youtube Channel", by clicking on the Youtube link on the school website or entering the following URL:

<https://www.youtube.com/channel/UCLtwL4vFErUNkaGRbglrD-g>

Please contact the school if you need support in accessing your child's school report.

SCHOOL MAP

**Permitted Playground
Areas for students
During recess and lunch time:**
Area 1: Quad
Area 2: Courts
Area 3: Oval
Area 4: Grass
Area 5: Canteen



Rouse Hill High School

DARE TO EXCEL

Rouse Hill High School continues to grow in 2024 as an outstanding educational facility. Our aim is to develop students who are **dynamic**, **accountable**, **resilient** and **engaged** learners. We encourage students to live up to our school banner statement of **DARE TO EXCEL**.

Dare incorporates our values platform and was developed with input from parents, students and staff.

Dynamic. I am involved and adaptable.

To be dynamic is to exercise our critical and creative thinking skills in and out of the classroom. A Rouse Hill High School student is one that is part of our school community but also a global citizen and we are curious about the world around us. By finding our positive purpose during our school career, taking risks by being part of co-curricular activities, and getting involved in leadership opportunities, we have the opportunity to flourish and thrive in all our endeavours.

Accountable. I know myself and hold myself to account.

A Rouse Hill High School student is one with integrity and knows themselves. We develop our character through positive purpose and emotions and hold these values to account in and out of school. Through knowing ourselves and developing our strengths, we not only contribute to our school, but the community as a whole. We know how to self-regulate our emotions to create a safe and enjoyable learning environment. We are the best version of ourselves at RHHS and foster a culture of kindness and care.

Resilient. I exercise grit beyond graduation.

A Rouse Hill High School student is resilient. We train the development of our grit and our ability to cope when things don't go according to plan to prepare us for the world outside of school. Our school is a safe place that allows us to fail well and celebrate success. We reflect on our wins and our losses, and treat our peers with sympathy, respect, and fairness. We are courageous in the face of adversity and persevere when we are challenged.

Engaged. I am a curious learner.

A Rouse Hill High School student nurtures their curiosity and love of learning when working. We are not only engaged in all aspects of school; we enjoy what we do. We develop our curiosity when learning, and feel a sense of positive accomplishment every day. Every student has the opportunity to find their passions and interests niche and this is a space where exploration of ourselves, our interests, and our purpose is celebrated. We become lifelong learners and are engaged in everything that we do.

YEAR 7 SAMPLE TIMETABLE

Rouse Hill High School

Year 7

Week A

Monday

P1	PDHPE	07TPDHPEA	Mr L Barry	E4
P2	LOTE	07TLANGUA	Mrs K Wang	F7
P3	Mathematics	07TMATHSA	Ms V Zacharia	D10
P4	HSIE	07THSIEXA	Ms J Shields	D110
P5	HSIE	07THSIEXA	Ms J Shields	D110
P6	Creative Arts	07VARTS8A	Ms S Mepham	C28
P7	Creative Arts	07VARTS8A	Ms S Mepham	C28
P8	Switch	07SWIA	Mr R Moiler	E4

Tuesday

P1	English	07TENGLIA	Mrs R Atkins	E104
P2	English	07TENGLIA	Mrs R Atkins	E104
P3	LOTE	07TLANGUA	Mrs K Wang	F7
P4	LOTE	07TLANGUA	Mrs K Wang	F7
P5	LOTE	07TLANGUA	Mrs K Wang	F7
P6	PDHPE	07TPDHPEA	Mr L Barry	E4
P7	PDHPE	07TPDHPEA	Mr L Barry	E4
P8	Switch	07SWIA	Ms B Proctor	E4

Wednesday

P1A	HSIE	07THSIEXA	Ms J Shields	D110
P2	Focus	07FOCUSA	Ms G Sidhu	C28
P3	Sport	SP2078RS1	Ms S Kirby	C29
P4	TAS	07TECHM8A	Mr J Fletcher	C3

Thursday

P1	English	07TENGLIA	Mrs R Atkins	E104
P2	HSIE	07THSIEXA	Ms J Shields	D110
P3	Science	07TSCIENA	Ms A Pobjie	G13
P4	Science	07TSCIENA	Ms A Pobjie	G13
P5	Science	07TSCIENA	Ms A Pobjie	G13
P6	PDHPE	07TPDHPEA	Mr L Barry	E104
P7	PDHPE	07TPDHPEA	Mr L Barry	E104
P8	Switch	07SWIA	Ms B Proctor	E4

Friday

P1	English	07TENGLIA	Mrs R Atkins	F104
P2	English	07TENGLIA	Mrs R Atkins	F104
P3	Mathematics	07TMATHSA	Ms V Zacharia	D10
P4	Mathematics	07TMATHSA	Ms V Zacharia	D10
P5	Mathematics	07TMATHSA	Ms V Zacharia	D10
P6	Science	07TSCIENA	Ms A Pobjie	G13
P7	Science	07TSCIENA	Ms A Pobjie	G13
P8	Switch	07SWIA	Ms B Proctor	E4

Week B

Monday

P1	Creative Arts	07VARTS8A	Ms S Mepham	C28
P2	LOTE	07TLANGUA	Mrs K Wang	F7
P3	English	07TENGLIA	Mrs R Atkins	E104
P4	English	07TENGLIA	Mrs R Atkins	E104
P5	English	07TENGLIA	Mrs R Atkins	E104
P6	Mathematics	07TMATHSA	Ms V Zacharia	D10
P7	Mathematics	07TMATHSA	Ms V Zacharia	D10
P8	Switch	07SWIA	Mrs P Healey	E4

Tuesday

P1	Science	07TSCIENA	Ms A Pobjie	G13
P2	TAS	07TECHM8A	Mr J Fletcher	C3
P3	PDHPE	07TPDHPEA	Mr L Barry	E4
P4	PDHPE	07TPDHPEA	Mr L Barry	E4
P5	PDHPE	07TPDHPEA	Mr L Barry	E4
P6	HSIE	07THSIEXA	Ms J Shields	D110
P7	HSIE	07THSIEXA	Ms J Shields	D110
P8	Switch	07SWIA	Mrs P Healey	E4

Wednesday

P1A	HSIE	07THSIEXA	Ms J Shields	D110
P2	Focus	07FOCUSA	Ms N Koski	C28
P3	Sport	SP2078RS1	Ms S Kirby	C29
P4	LOTE	07TLANGUA	Mrs K Wang	F7

Thursday

P1	LOTE	07TLANGUA	Mrs K Wang	F7
P2	Mathematics	07TMATHSA	Ms V Zacharia	D10
P3	English	07TENGLIA	Mrs R Atkins	F113
P4	English	07TENGLIA	Mrs R Atkins	F113
P5	TAS	07TECHM8A	Mr J Fletcher	C3
P6	Science	07TSCIENA	Ms A Pobjie	G13
P7	Science	07TSCIENA	Ms A Pobjie	G13
P8	Switch	07SWIA	Mrs P Healey	E4

Friday

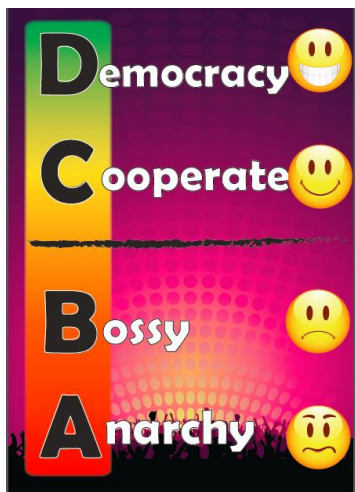
P1	HSIE	07THSIEXA	Ms J Shields	D110
P2	Discover	07TDISCOA	Ms S Kendros	F104
P3	TAS	07TECHM8A	Mr J Fletcher	C3
P4	TAS	07TECHM8A	Mr J Fletcher	C3
P5	TAS	07TECHM8A	Mr J Fletcher	C3
P6	Mathematics	07TMATHSA	Ms V Zacharia	D10
P7	Mathematics	07TMATHSA	Ms V Zacharia	D10
P8	Switch	07SWIA	Ms B Proctor	E4

STUDENT GUIDE – WHAT TO DO IF?

I need to leave school early	Bring a note, written and signed by a parent/guardian explaining the reason and stating your name and class. Take this note to the Administration Office as soon as you arrive at school. You will then attend class until the time noted on your pass. Before you leave the school you must return to the Administration Office to receive your pass and sign out using automated sign out system.
I arrive late to school	You must go to the Administration Office to sign in. You should have a note from your parent/guardian explaining the reason for your lateness. Students who arrive late without a note will be asked to return a note of explanation the following day. Attendance & late arrivals are monitored by the Deputy Principal, fortnightly.
I am absent from school	If your child has to be absent from school for any reason, including arriving late or leaving early, please contact the school to explain the reason by return sms, email, written note or phone as soon as possible and within seven days.
I ride my bike/skateboard to school	On arrival, walk your bike to the racks near the Administration Office. Secure your bike with a lock and chain. You must wear a safety helmet on arrival and departure from school.
I need to go to the toilet during class time	Ask your teacher for permission to go to the Administration Office. The teacher will issue you a note and a vest.
I feel sick at school	Report to the Administration Office during recess or lunch. Someone will arrange for your parent/guardian to take you home. If you feel ill during class time your teacher will give you a note sending you to the Administration Office.
I am injured at school	Report to the Administration Office for First Aid.
I need to bring my mobile phone to school	Refer to Mobile Phone Policy on page 26
I have a personal problem or am having some hassles	Tell a teacher and/or report the matter to a member of the Middle School Team.
I am out of uniform	Report to the Deputy Principal before school. You will be provided with a uniform to wear for the day or a uniform pass. Teachers will be checking and reporting uniform breaches each morning. Students who are out of uniform without a note will be required to see the Deputy Principal at recess.
Leaving school grounds in the afternoon	Walkers are to leave via the Administration Office and exit through the top gate to Withers Road, the Science gate or the back gate. Students should not exit through the service gate. If you are being picked up by car, you are to leave via the Science block and await pickup on the footpath outside the main gate/car park entrance. If you ride a bike/skateboard you are to walk your bike/skateboard on a pathway and may leave via either gate.

RAISING RESPONSIBILITY

Staff at Rouse Hill High School are committed towards establishing positive classroom environments conducive to learning through the use of routines and positive interactions that focus upon choice and the provision of critical feedback.



The Raising Responsibility model is a key aspect used to promote student reflection and self-awareness. Teachers support students to identify behaviour that is 'above the line' or 'below the line', assisting individuals to monitor and adjust their own behaviour.

Staff encourage all students to strive towards operating at the 'D level', this involves demonstrating a high level of self-drive and enthusiasm for learning consistent with intrinsic motivation.

Students operating at the 'A level' are provided additional methods of support to maintain our positive learning environments.

WHOLE SCHOOL PROGRAMS

Rouse Hill High School is committed towards developing and implementing strategies to encourage successful student participation in school life through a **growth mindset** approach.

FIXED MINDSET

Leads to a desire to look smart and therefore a tendency to:

- avoid challenges
- give up easily due to obstacles
- see effort as fruitless
- ignore useful feedback
- be threatened by other's success

GROWTH MINDSET

Leads to a desire to learn and therefore a tendency to:

- embrace challenges
- persist despite challenges
- see effort as a path to mastery
- learn from criticism
- be inspired by other's success

PROJECT BASED LEARNING

Our Middle School teaching and learning programs at Rouse Hill High School involve Project Based Learning (PBL). This engaging, student centred approach develops students' creative and critical thinking skills in a collaborative learning environment. PBL is an educational approach that is widely trialled globally, consisting of a large body of contemporary research that has been evaluated and adapted to Rouse Hill High School's context.

Students are able to develop innovative and unique solutions within a structured and scaffolded framework, enhancing key 21st Century skills and cross-curricular links. Students often have the opportunity to engage with industry professionals from a large field of expertise, strengthening their understanding of subject area content through real world application.

These highly engaging teaching and learning sequences allow students to access content through a wide range of learning styles, supporting engagement and diverse abilities. Programs across the Middle School are taught within our PBL framework, assisting students to succeed in a digital world and learn key communication strategies. This Middle School focus creates learners who are resilient, engaged, creative and accountable, preparing them for the demands of the Senior School courses and their future careers.

STUDENT MEDICAL DETAILS & HEALTH CONCERNS

It is essential that the school is informed of any medical conditions. This includes allergies. We ask that you also contact the school if there are any newly diagnosed allergies, medical conditions or changes to an existing condition. This will enable the school to support the safety and wellbeing of your child.

Allergies can include insect stings, drugs, latex, food (eg; nuts, peanuts, eggs). The school needs to be informed of severe allergies such as anaphylaxis, including the need for an ASCIA (Australian Society Clinical Immunology & Allergy Inc) plan and an adrenaline auto-injector.

The school also needs to be notified of medical conditions such as asthma, diabetes and epilepsy.

Completion of a health care plan and/or ASCIA Action plan may be required.

BIOMETRICS: ATTENDANCE RECORDING

Rouse Hill High School has implemented an automated sign in process for students to help us streamline our attendance recording practices. This system is particularly useful for Senior students who have a flexible timetable and will be starting and finishing school at alternative times. The system will also enable those students who arrive late to be processed quickly enabling them to go to class as soon as possible.

The process includes the scanning of each student's thumb to record their unique measurements against their student number in a secure, encrypted database. This is **NOT** a fingerprint, rather a set of measurements of the contours of the thumb known as a template.

When a student arrives late to school they will simply scan their thumb and the system will record their arrival time and print a docket for them to show to their teacher when they reach class. This docket is also a record for parents/carers. Senior students with a flexible timetable will scan their thumb on arrival at school and when leaving the school.

Questions often arise about privacy and biometrics. Biometric devices never capture or use optical images. Instead, unique data is extracted from the live sample to create a template (a mathematical representation of an enrollee's biometric data that is used by a biometric system for comparison against a database). The template basically contains point to point or vector measurement data.

This automated system has been discussed and supported by the Rouse Hill High School P&C Association.

CURRICULUM

Courses of Study: Middle School

All students in Middle School undertake a mandatory core curriculum. This includes:

<ul style="list-style-type: none">• English• Mathematics• Science• Human Society and its Environment• Personal Development, Health & Physical Education (PDHPE)• Languages Other Than English (LOTE) – Mandarin (Year 7 only)• Technology and Applied Studies (Years 7 and 8)	<ul style="list-style-type: none">• Switch• Visual Arts (Years 7 and 8)• Music (Year 8 only)• Sport• Focus• Year Coordinator lessons• 2 elective subjects (Year 9 only)
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Assessment booklets will be emailed to all students. Booklets will also be available on the school's website.

YEAR COORDINATOR LESSONS

7 Discover – 8 Explore – 9 Create

Year coordinator lessons occur once a fortnight and are delivered by each of the Year coordinators throughout Middle School. YC lessons are an opportunity for students to develop skills and understanding related to Rouse Hill High School's core values of developing Dynamic, Accountable, Resilient and Engaged students. The lessons are designed by the Middle School Team drawing on educational research and resources from wellbeing agencies. Each term has a central focus and builds in complexity from Years 7 to 9. The focus of lessons throughout Middle School include; anti-bullying, digital citizenship, drug and alcohol education, anti-racism and social justice.

FOCUS

Rouse Hill High School is a Positive Education school, which is an approach to student learning that stems from the evidence based research of Positive Psychology in a school setting. Positive Psychology and Education focuses on looking at human strengths, qualities and character traits and how to use these strengths to flourish in everyday life.

Positive Education is the combination of traditional educational principles with the study of wellbeing using Professor Martin Seligman's model PERMAH and the Values in Action (VIA) classification which explores character strengths. Focus is held during the second period on Wednesday and follows the Positive Education Enhanced Curriculum.

Through using PERMAH at Rouse Hill High School, we aim to promote positive mental health among students, teachers, and the wider school community.

SWITCH

During Switch lessons students will engage in independent learning completing learning activities that support the learning in their curriculum lessons. Students will also complete the Switch Up program targeted specifically at developing the skills and mindsets to be an effective self-directed learner. The subject curriculum focus of Switch will change every five weeks.

LIBRARY

Welcome to the Rouse Hill High School Library. The Library is a communal space with its primary function being to support students and staff by providing the resources, equipment and space to facilitate teaching and learning and the love of reading.

What the Teacher Librarian can do for you:

- ❖ Provide a space for individual and group learning
- ❖ Provide a variety of resources e.g.
 - Fiction: novels, short stories, picture books, graphic novels, spoken word and DVD's.
 - Non-fiction: books, journals, spoken word and DVD's and reference resources e.g. atlases and dictionaries.
- ❖ Teach information and research skills e.g. decoding an assignment, research skills, essay writing, note taking and writing a bibliography.
- ❖ Provide "How to" sheets, for example writing a bibliography or using specific text types.
- ❖ Provide Subject Resource Lists: lists of books and other resources on specific subjects such as Ancient Egypt.
- ❖ Help students find relevant information sources.
- ❖ Provide board games. There are regular chess competitions plus we have the following games - Connect Four, Checkers and Yahtzee.

TECHNOLOGY IN 2024

Rouse Hill High School is a Bring Your Own Device (BYOD) school. As such all students in Years 7 to 12 are expected to bring a suitable device to school for use on a daily basis in class. The school supports the use of both Windows PC and Apple Mac options and there are reasonably priced options available through both of our partner providers.

Students will use the Google Workspace apps including Google Docs, Google Sheets, Google Slides and Google Classroom for most aspects of their learning and as such it is recommended that all devices have the Google Chrome web browser installed as it works best with Google Workspace.

All students attending at RHHS in 2024 are requested to purchase a device ready for use from the beginning of the year.

In order to facilitate easy purchase of the chosen BYO device, Rouse Hill High School has engaged the services of two third party suppliers, School Locker (the school uniform supplier) and Learning with Technologies (LWT). Both School Locker and LWT have set up an order portal with school approved device options.

Both suppliers also offer the opportunity to purchase higher specification devices, which exceed school needs but may offer greater versatility for the device to be used for other purposes at home.

Both School Locker and LWT offer the option to package protective carry cases and extended warranties with the purchase of your device. In addition to this, they also offer the option to finance the purchase of a device (subject to credit approval criteria).

www.studyskillshandbook.com.au

Rouse Hill High School is a subscriber to the **ELES Online Study Skills Handbook**.

The ELES Online Study Skills Handbook provides a comprehensive and interactive online guide for the school community (students, parents and teachers) as to the study skills needed for success in high school studies. This approach taps into students' affinity with technology to create a new and effective way to improve students' study skills.

This is a great online resource for parents and students to address all their study skills issues and concerns and enable students to learn new ways to improve their results at school. The handbook has a huge amount of information for both students and parents as well as a large number of interactive activities.

To access the handbook, go to www.studyskillshandbook.com.au and **login as a subscriber** with these details:

Username: rousehillhs

Password: 172results

The topics currently covered by the handbook are:

at home

1. Home Study Environment
2. Organisation and Filing
3. Time Management Skills
4. Managing Workload
5. Dealing with Distractions
6. Overcoming Procrastination
7. Developing Motivation
8. Goal Setting
9. Lifestyle and Balance
10. Managing Stress

at school

1. Will we ever use this?
2. Using Classtime
3. Asking for Help
4. Dealing with Conflict
5. Croupwork Skills

specific skills

1. Reading Skills
2. Writing Skills
3. Mathematical Skills
4. Language Skills
5. Research Skills
6. Presentation Skills
7. Science Skills

tests and exams

1. Summarising
2. Active Studying
3. Preparing for Exam Blocks
4. Test-Taking Techniques
5. After Tests & Exams

extra 'general' mini-units

1. Starting Secondary School
2. Becoming a Senior Student
3. Bullying: Issues and Strategies
4. Managing Part-Time Jobs
5. Your Brain and Memory
6. Live Your Best Life
- + Educational Kinesiology
- + Living Across 2 Houses
- + Travel: A Motivator to Learn
- + Uni: Lecture Note-Making

extra 'technology' mini-units

1. Technology Tools
2. Basic Computer Skills
3. Be CyberSmart
- + Useful Apps for iPads
- + Microsoft OneNote

In addition to the huge amount of content, the systematic program for students to work through includes: online quizzes, summary sheets, worksheets, lots of FAQs answered, articles and links, online polls, facility to submit questions, helpful grids and planners, jokes and quotes, student thoughts, images and photos, students can submit ideas to win competitions, audio and video files, streaming audio (to allow students the option to read or listen to the content) And: new content added regularly, new units added each year, new features added regularly. There is also a tracking system where students save the results of their end of unit quizzes and modules over the years.

Please note:

The above user name and password is for the use of the secondary school parents and students **AT OUR SCHOOL ONLY**. Please do not pass our school's details onto students or parents from other schools or other individuals or organisations as this is a prosecutable breach of copyright and also will result in frequent password changes for our school. Please also ensure you read through the terms of use the first time you access the handbook.

We encourage all parents and students to take advantage of this opportunity to further develop their students' study skills abilities through this online resource.

Ph: 0416 293 087 Fax: 02 9908 1893

info@enhanced-learning.net

www.enhanced-learning.net

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**Enhanced Learning
Educational Services**

"the study skills specialist"

EXTRA CURRICULAR

DUKE OF EDINBURGH	The Duke of Edinburgh Award is an international youth development program for young people aged between 14 and 25. It challenges students to explore and develop their potential through a range of activities including physical recreation, community service, skills and adventurous journeys.
CONCERT BAND	This group is made up of brass, woodwind and percussion instruments. The band performs at school assemblies and play arrangements of popular music and film themes scored for beginners.
VOCAL ENSEMBLE	This group frequently performs at school events singing a range of repertoire from pop culture.
TECH NINJAS	This group is for students with a particular interest in technology. Students learn about and experiment with a variety of new and emerging technologies including virtual reality, coding, robotics, computer building and more. Students engage in MakerSpace activities to challenge themselves and learn skills, both practical and fun.
DEBATING	Debating provides students with an opportunity to hone their skills in constructing a logical argument. Teams are open to experienced and novice debaters. Throughout the year students will be provided with on-going training and compete in regional competitions.
CHESS	The Library hosts regular chess competitions. These may be knockout or round robin.
SPORT	Zone and Regional competitions as they arise.
DRAMA ENSEMBLE	Drama is a fun and interactive way to build performance skills by participating in games and group work. Students prepare work for public showings and meet once to twice a week.
VISUAL ARTS MASTER CLASS	Students can participate in this weekly workshop to extend their artistic abilities across a range of mediums.
SCHOOL LEADERSHIP PROGRAM	Students in all years are offered Leadership opportunities by representing their year group, becoming Sports Leaders and applying to be School Captains in Year 1.2.
DANCE ENSEMBLES	There are numerous Dance Ensembles that operate at Rouse Hill High School. Students in the ensembles compete in Dance Eisteddfods.
CHINA CLUB	This is a weekly lunch time club designed to foster student's interest in all things Chinese. We learn about Chinese arts, crafts, games, traditional instruments, cooking and many other aspects of Chinese culture and language.

Other extra-curricular activities are also available.

SPORT

Junior Sport (Years 7/8) is during Period 3 and Senior Sport (Years 9/1.0) is during Period 4 on Wednesdays. Sport options fall into three categories:

- Grade Sport
- House Sport (Year 7/8 only)
- Recreational Sport (Years 8, 9 and 1.0 only)

Grade Sport

All students will trial for grade sport teams at the beginning of each sport cycle. Once selected, grade teams will play against other local schools on a home/away basis. A cost to cover bus travel and hire of local venues will be required.

House Sport

Students will participate in a variety of different team sports where they can practise skills and learn the value of team work, sportsmanship, communication, etc.

Recreational Sport

Recreational sport is only for Years 8, 9 and 1.0. There will be a variety of options which may change with each sport cycle. It may involve an activity at school (eg. table tennis) or leaving the school premises (eg. recreational walking). There are also recreational sports that may involve a fee (eg. gym).

Sports Uniform

Students wear sports uniform on Wednesdays and are required to bring enclosed leather shoes to change into if they have a practical Science or elective lesson.

SPECIAL RELIGIOUS EDUCATION

The Application to Enrol in a government school form asks about religion where parents/carers may have recorded your child's religion. The question also allowed for 'no religion' to be recorded. Some parent/carers complete this information and others do not.

This information is used to plan for Special Religious Education classes (SRE) which are provided in public schools during school time by authorised representatives of approved religious groups. Combined Christianiaqn SRC and the Catholic Diocese of Parramatta provide SRE at Rouse Hill High School.

Attendance at SRE is voluntary and schools organise SRE according to parent wishes and the demands of the religious provider. Public schools are required by law to offer SRE if they are approached by religious groups.

Students who have indicated that they would like to attend scripture lessons will do so once a fortnight. Remaining students will do revision, homework or private study during this time. SRE occurs during normal timetabled lessons.

Special religious events may occur throughout the year e.g. guest speakers or performances. When these events are organised, students will bring home a permission note seeking parent/carer permission to attend.

Information regarding Special Religious Education can be accessed on our school website:
<https://rousehill-h.schools.nsw.gov.au/learning-at-our-school/religion-and-ethics.html>

COMMUNICATIONS AND CELEBRATIONS

➤ Newsletter	Twice a Term
➤ Formal/Recognition Assembly	Twice a Year
➤ Reports	Interim Term 1 Semester 1 Term 2 Interim Term 3 Semester 2 Term 4
➤ Meet the Teacher – Year 7	Term 1, Week 7
➤ Parent Teacher Interviews	Term 2, Week 3 Term 3, Week 3
➤ P&C Meeting	Week 4 and 8 of each Term, Monday 7pm

SAFETY AT SCHOOL

At Rouse Hill High School we hope to ensure the safety of all students, staff and visitors to our school. For students this involves safe travel to school, thinking and acting safely while at school and safe behaviour when travelling home through our community. We can be accountable for our safety by:

- Ensuring we follow road rules when travelling to and from school
- Arriving at school on time – students are to remain in the quadrangle before school
- Being equipped for lessons
- Correctly wearing the school uniform including appropriate footwear for protection
- Exhibiting responsible and sensible behaviour at all times
- Showing respect for property and for other people
- Keeping hands off to solve problems peacefully
- Telling a teacher if something is wrong
- Following directions to participate positively
- Accepting the consequences of my actions
- Wearing the school hat and following sun safe procedures
- Using the Bruce Purser car park for drop off and pick up of students. Parents should not use the school car park. Caballo Avenue is also available for students to be picked up.

By working together we can promote the safety of ourselves, our peers and teachers to help maintain our positive, healthy and safe environment.

RIGHTS AND RESPONSIBILITIES

This policy covers the rights and responsibilities expected from students attending Rouse Hill High School.

Rights and responsibilities

At the foundation of our rights and responsibilities is the ideal of being a dynamic, accountable, resilient and engaged learner. Within each ideal our core values are embedded. This platform forms the basis of our work at Rouse Hill High School.

The rights and responsibilities are based on the belief that we must **respect the rights** of all to learn and **take responsibility** for our own learning and behaviour.

By practising the responsibilities shown below, students achieve success and recognition.

daRe		Rights We have the right to:	Responsibilities We have the responsibility to:
D	Dynamic	<ul style="list-style-type: none"> learn in a challenging and productive environment contribute to RHHS and the wider community 	<ul style="list-style-type: none"> participate in provided opportunities achieve through leadership model good behaviour actively participate in the school community
A	Accountable	<ul style="list-style-type: none"> feel safe achieve and be recognised for our efforts assistance and support with our learning 	<ul style="list-style-type: none"> represent the school in a positive way account for our actions achieve our personal best demonstrate safe behaviour
R	Resilient	<ul style="list-style-type: none"> respectful and fair treatment in an environment free from harassment and bullying seek help when needed 	<ul style="list-style-type: none"> display resilience and flexibility respect others through inclusive and tolerant behaviour report bullying behaviour contribute as a productive member of a team
E	Engaged	<ul style="list-style-type: none"> learn in a co-operative and supportive environment participate in a wide variety of activities 	<ul style="list-style-type: none"> demonstrate pride, co-operation and enthusiasm in our work help, support and care for one another strive for excellence in all activities listen and communicate in an effective manner

At Rouse Hill High School, our learners are dynamic, accountable, resilient and engaged.

Behaviour code for students

Information for parents/carers and students

NSW public schools are committed to providing safe, supportive and responsive learning environments for everyone. We teach and model the behaviours we value in our students.

In NSW public schools students are expected to:

- Respect other students, their teachers and school staff and community members.
- Follow school and class rules and follow the directions of their teachers.
- Strive for the highest standards in learning.
- Respect all members of the school community and show courtesy to all students, teachers and community members.
- Resolve conflict respectfully, calmly and fairly.
- Comply with the school's uniform policy or dress code.
- Attend school every day (unless legally excused).
- Respect all property.
- Not be violent or bring weapons, illegal drugs, alcohol or tobacco into our schools.
- Not bully, harass, intimidate or discriminate against anyone in our schools.

Schools take strong action in response to behaviour that is detrimental to self or others or to the achievement of high quality teaching and learning.

Telephone interpreter service

If you would like to discuss this document with the Principal and need assistance with English please call the telephone interpreter service on 131 450, tell them what language you need and ask the operator to phone the school. The operator will get an interpreter on the line to assist you with your conversation. You will not be charged for this service.

Behaviour Code for Students: Actions

Promoting the learning, wellbeing and safety of all students in NSW Public Schools is a high priority for the Department of Education.

We implement teaching and learning approaches to support the development of skills needed by students to meet our high standards for respectful, safe and engaged behaviour.

Respect

- Treat one another with dignity.
- Speak and behave courteously.
- Cooperate with others.
- Develop positive and respectful relationships and think about the effect on relationships before acting.
- Value the interests, ability and culture of others.
- Dress appropriately by complying with the school uniform or dress code.
- Take care with property.

Safety

- Model and follow departmental, school and/or class codes of behaviour and conduct.
- Negotiate and resolve conflict with empathy.
- Take personal responsibility for behaviour and actions.
- Care for self and others.
- Avoid dangerous behaviour and encourage others to avoid dangerous behaviour.

Engagement

- Attend school every day (unless legally excused).
- Arrive at school and class on time.
- Be prepared for every lesson.
- Actively participate in learning.
- Aspire and strive to achieve the highest standards of learning.

The principal and school staff, using their professional judgment, are best placed to maintain discipline and provide safe, supportive and responsive learning environments. The department provides a policy framework and resources such as Legal Issues Bulletins, access to specialist advice, and professional learning to guide principals and their staff in exercising their professional judgment. In this context the NSW Government and the Department of Education will back the authority and judgment of principals and school staff at the local level.

School Community Charter

 **Collaborative. Respectful. Communication.**

The following School Community Charter outlines the responsibilities of parents, carers, educators and school staff in NSW public schools to ensure our learning environments are collaborative, supportive and cohesive.

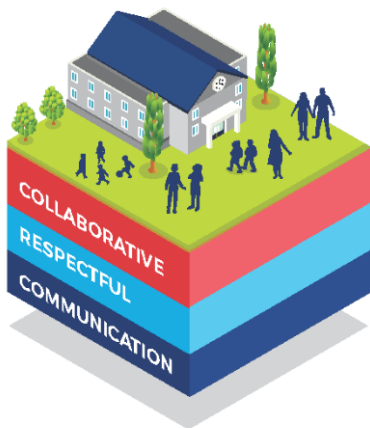
We treat
each other
with
respect

What our schools provide

NSW public schools work to create positive environments for students, staff and the entire school community that support student learning. We strive to ensure that every student is known, valued and cared for.

The best education happens when parents and schools work together.

The School Community Charter aligns with the NSW Department of Education Strategic Plan 2018 – 2022.



Positive environments

It is important that our NSW public schools are positive environments and that parents and carers are kept informed of students' progress and school announcements.

Parents and carers can expect:

- To be welcomed into our schools to work in partnership to promote student learning.
- Communication from school staff will be timely, polite and informative.
- Professional relationships with school staff are based on transparency, honesty and mutual respect.
- To be treated fairly. Tolerance and understanding are promoted as we respect diversity.

We
prioritise
the wellbeing
of all students
and staff

**Unsafe
behaviour**
is not acceptable
in our schools

We work
together
with the
school

Ensuring respectful learning environments for all members of NSW Public Schools communities.



We create **collaborative** learning environments

We all play **our part**

We work **in partnership** to promote student learning

Communicating with our schools

Our staff will find a time to talk to you when they can give you their full attention. Please remember that while our staff are in class or dealing with other matters, they may not be available to answer your questions immediately.

Our schools and communities will make sure that written communication is appropriate, fair and easy to read. We encourage you to use email and social media appropriately to connect with your school and stay up-to-date with up-coming events in the school community.

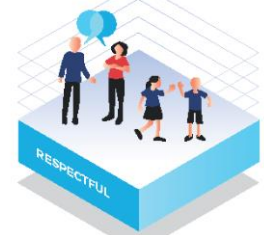
Our guide for parents, carers and students provides useful information about the complaints process:

education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions/guide-for-parents-carers-and-students

Respectful communication is a right

In all workplaces people have the right to feel respected. Unacceptable and offensive behaviour has no place in our school communities.

To ensure the wellbeing of students, staff and the community in our schools, steps will be taken to address unacceptable behaviour. This may include restricting contact with the school community or, in more serious cases, referral to NSW Police.



Unacceptable behaviour may include but is not limited to:

- Aggressive or intimidating actions, such as violence, threatening gestures or physical proximity.
- Aggressive or intimidating language, including the use of obscenities, making sexist, racist or derogatory comments or using a rude tone.
- Treating members of the school community differently due to aspects such as their religion or disability.
- Inappropriate and time wasting communication.



Collaborative.
Respectful.
Communication.

School Community Charter

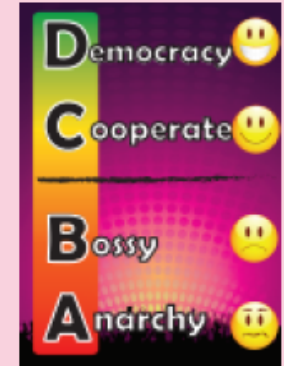
education.nsw.gov.au

Rouse Hill High School - Behaviour Expectations and Consequences for Students

D
C

- YOU ARE EXPECTED TO**
- Meet DARE expectations and follow routines
 - Approach all learning experiences with a Growth Mindset
 - Demonstrate "above the line" behaviours

If you demonstrate behaviours that fall **BELOW** the line, the following consequences will apply.



B Tier 1 - Behaviours (Level B)

- Inappropriate language/swearing (non threatening)
- Physical contact (non-serious but inappropriate)
- Non-compliance/disrespect
- Disruption (talking while teacher is speaking, loud voices or noises)
- Property misuse (including phones and computers)
- Incorrect uniform
- Late to class (post break)
- Teasing/nasty comments (isolated)
- Out of bounds
- Talking back
- Ignoring instructions
- Absconding
- Spitting (non aggressive)

Teacher will remind you of the expectations

- You can amend your behaviour by acknowledging your behaviour, apologising and returning to above the line behaviour.

Teacher will give you one final chance to change your behaviour.

You will hear... "You need to _____. You need to do this. This instruction is not going to change".

Consequence and conference.

Seating plan or detention or withdrawal from activity (in class)

AND conference with teacher

AND your behaviour will be recorded in Millennium

If your behaviour continues after a consequence you will be placed on a **Teacher Monitoring Card** and your **parent/guardian** will be called. You will also have an **additional consequence.**

Behaviour stops - Return to above line behaviours. You are now meeting expectations at Rouse Hill High School.

A level behaviour

If you receive A or B on a Teacher card during the lesson you will move to Tier 2

A Tier 2 - Behaviour (Level A)

- abusive or threatening language/swearing
- excessive, sustained disruption-unable to continue with lesson (yelling or screaming, tantrums, deliberate sustained noise, sustained disruptive movement)
- physical aggression/violence
- physical contact(indecent)
- bullying/harassment
- deliberate property damage
- weapon/improvised weapon
- spitting (aggressive)

Head Teacher referral

- A Head Teacher will attend class
- You will be removed from class for conferencing
- You will need to own your behaviour and make amends.
- Your parent or guardian will be contacted and the incident will be recorded in Millennium.

If you do not acknowledge your behaviour and make amends within the time given to you, you will be referred to senior executive with significant consequences.

Tier 3 - Senior Executive

Escalated to DP

MOBILE PHONES AND ELECTRONIC DEVICES POLICY

This policy covers mobile phones and electronic devices at Rouse Hill High School.

Rouse Hill High School understands that technology may play a significant role in the daily lives of students. Safety is an issue that parents often feel can be addressed by students carrying a mobile phone to and from school. The intention of this policy is to provide:

- a safe environment to learn without inappropriate mobile phone use or distractions.
- greater opportunities for social interaction and physical activity during recess and lunchtimes.

If students bring mobile phones and electronic devices to school they must be **switched off and away while on school grounds**.

DoE policy states “Students are not allowed to use mobile phones at school, including during recess and lunch.” The full Department of Education policy can be found at <https://education.nsw.gov.au/policy-management-schools/student-use-of-mobile-phones>

Students are to follow all school procedures in regard to their use. The school is unable to ensure that such items are secure and cannot be held responsible for their loss or damage.

This policy covers all electronic communication and devices including

- Mobile phones, Audio Players, Video players, Cameras, Entertainment devices, wired and unwired headphones and speakers

Rights:

- All students have the right to learn in an environment that is free from bullying and harassment that is not disturbed by others.
- Teachers can request the phone/electronic device to be signed in at the Administration office for collection at the end of the day
- Consequences will result for repeated and inappropriate use of mobile phones and electronic equipment
- Parents telephone the Administration Office for contact with students

Student Responsibility:

- Phones and all listening technology to be turned off and packed away on entry to the school. Unless directed by a staff member, they must stay away for the entire day.
- The mobile phone/electronic device is kept in a safe place as the school takes no responsibility for any loss or damage.
- Respect others by not disturbing the learning of others through device use or defiance.
- Not to use mobile phones during school hours.
- Follow teacher instructions concerning the use of phones or electronic devices.
- Be accountable for consequences if the policy is not followed – phone can be confiscated or signed in at the Administration office. Discipline procedures will follow for repeated or serious infringements. Incidents will be documented in the school referral system.

Parent responsibility

- Encourage implementation of the Rouse Hill High School and Department of Education policies.
- Contact students through the Administration office if required.
- Contact the school for any medical exemptions for phone use that are required.
- Understand that the school takes no responsibility for loss or damage to phones or electronic devices.

Teacher responsibility

- Implement the Rouse Hill High School mobile phone policy
- Establish a classroom environment that encourages students to learn in an environment free from distractions and harassment.
- Direct students to sign mobile phones and electronic equipment into the Administration office for policy breach. Document this in Millennium and confirm compliance.
- Implement classroom discipline procedures for repeated infringements, document in Millennium.

Processes:

- **Device seen or heard on school grounds**
 - Student sent to office with slip. Mobile phone to be secured in office until the end of the school day.
 - Parent notified and informed that they will be required to arrange the collection of the phone from the office if there is a second breach of policy.
 - Failure to comply with directions will result in removal of student from classroom and parent contact. Student will be subject to standard disciplinary actions for defiance and interfering with the wellbeing of others such as Formal Caution or suspension.

AEROSOL POLICY

This policy covers the use of aerosol sprays and perfume pump-packs for students attending Rouse Hill High School.

At Rouse Hill High School, as with the rest of the community, we have a number of students and staff who suffer from asthma.

The following is taken from Asthma Australia (http://www.asthmaaustralia.org.au/Aerosol_sprays.aspx)

“Aerosol sprays are popular and commonly used for applying lots of products, from the personal (like body sprays or deodorants) to the domestic (like cleaning sprays). However for some people with asthma their use can trigger symptoms and may even lead to an attack.

When used, the liquid contained in these sprays is emitted into the air under high pressure, creating a fine mist which can spread quite a long way. The chemicals and strong smells in the mist, when inhaled, are what can trigger asthma symptoms and a possible attack. Because of the amount of time the spray stays in the air and the distance it can travel, even spraying some distance from the person with asthma can still lead to problems.

This most often causes issues in areas like change rooms, where people are using spray deodorants etc after exercise, and even in workplaces if there is cleaning being undertaken while there are others working in the area.

We recommend you avoid using aerosol sprays whenever there are other people around - there are usually plenty of good alternatives available.”

(1st March 2015)

To provide the safest environment, students are banned from bringing aerosol sprays and perfume pump-packs to Rouse Hill High School. This includes for any excursions, camps or other onsite or offsite activities. Risk management strategies will be in place for any aerosol sprays used as part of school business.

Aerosol sprays or perfume pump-packs brought to school by students will be confiscated and disposed of.

The most common form of aerosol spray available to students are spray deodorants. Alternatives such as roll-on deodorants are encouraged. Repeated breaches of this policy will result in disciplinary action.

ANTI-BULLYING POLICY

This document provides a summary of Rouse Hill High School's anti-bullying policy.

Bullying is not acceptable.

Students at Rouse Hill High School have a safe and happy environment in which to work and socialise. Bullying is not accepted. Dare to say 'NO' to bullying and harassment.

The school anti-bullying policy is based on our DARE approach where students are dynamic, accountable, and resilient and engaged when participating in positive interactions with peers, staff and the community.

At Rouse Hill High School all students, teachers and parents/carers have a shared responsibility to create a safe and happy environment.

What is bullying?

Bullying is when the following things happen again and again to someone and it is hard for the student being bullied to stop these things from happening:

- being ignored, left out on purpose or not allowed to join in;
- being made fun of and teased in a mean and hurtful way;
- lies or nasty stories are told about someone to make other children not like them;
- being made afraid of getting hurt;
- staring or giving someone mean looks or gestures;
- forcing someone to do things they don't want to;
- being kicked, hit or pushed around.

Bullying can occur face-to-face, indirectly through others or via the use of technology e.g. mobile phone, internet. Bullying is used by a more powerful person to cause fear, distress and/or harm against a less powerful person unable to stop the bullying from occurring.

What can you do about it?

If you are being bullied....	If you see someone being bullied....
<ul style="list-style-type: none">● Be confident. Use strong, assertive 'I' statements in a positive way. Eg "I don't like that. Please stop."	<ul style="list-style-type: none">● Support the person being bullied. Be a good, caring friend.
<ul style="list-style-type: none">● Be around your friends, they can support and help you.	<ul style="list-style-type: none">● Stick up for your friend; let the person being bullied know they are not alone.
<ul style="list-style-type: none">● Report the bullying behaviour to a teacher. Let your parents know what is happening.	<ul style="list-style-type: none">● Ask a teacher for help and report the bullying behaviour.
<ul style="list-style-type: none">● Ignore bullies where possible. Walk away from people who are harassing you.	<ul style="list-style-type: none">● Don't be a spectator - do something to help – if you do nothing you are part of the problem.
<ul style="list-style-type: none">● Be careful with your internet password, what you put on the internet and how you use your mobile phone.	<ul style="list-style-type: none">● Don't join in bullying behaviour.

It's OK to talk! It's OK to ask for help!
Dare to say 'NO' to bullies.

Talk to a teacher or Year Coordinator

UNIFORM POLICY

This policy covers the wearing of school uniform to school, on excursions and for special events.

Rouse Hill High School is a uniform school. The uniform has been designed and endorsed by the P&C Association. It is the school community expectation that all students will wear the uniform without variation.

School uniform builds a sense of community and ownership in the student body, ensuring pride in the school and its attainments as well as forming a lasting impression of the school in the wider community. It contributes to the development of student self discipline and self esteem, allowing clear identification within the school and community.

The dress code

- The school uniform must be worn at all times without individual variation.
- Years 7 – 1.0 must wear their school uniform on Monday, Tuesday, Thursday and Friday.
- On Wednesday, students may wear their school uniform or sport uniform. If students have a timetabled practical Technology or Science lesson on Wednesday, leather shoes must be worn. (See next page).
- Students are expected to be neat, tidy and well groomed at all times.
- Jewellery is to be small and unobtrusive and of a safe design. Students will be required to remove unsafe and inappropriate jewellery.
- Students representing the school are required to wear full school uniform.
- If undershirts are worn, they should be white only. All garments worn under the uniform must not be visible.
- The school hat is the only hat worn at school, on school excursions or for sporting events.
- For formal events students must be in school uniform, especially if they are participating in the assembly.
- Students are expected to wear school uniform on school excursions unless otherwise notified
- Makeup, if worn, is to be minimal and appropriate for school.
- Specialist uniform for dance and hospitality classes must be worn only for the duration of these classes.

Girls school uniform

Boys school uniform

<ul style="list-style-type: none"> • Middle School (years 7, 8, 9). White blouse with burgundy piping and school logo • Senior School (years 1.0, 1.1, 1.2). White shirt with logo 	<ul style="list-style-type: none"> • Middle School (years 7, 8, 9). White pinstripe shirt with school logo • Senior School (years 1.0, 1.1, 1.2). White shirt with logo
<ul style="list-style-type: none"> • RHHS tartan skirt with pleats, knee length, shorts, charcoal, trousers, charcoal 	<ul style="list-style-type: none"> • Charcoal shorts or trousers
<ul style="list-style-type: none"> • White socks that cover the ankles • Black tights during terms 2 – 3 	<ul style="list-style-type: none"> • Grey socks that cover the ankles
<ul style="list-style-type: none"> • Black V-neck jumper with logo (cotton or wool) • Official Year 1.2 Jersey • Soft Shell Jacket 	<ul style="list-style-type: none"> • Black V-neck jumper with logo (cotton or wool) • Official Year 1.2 Jersey • Soft Shell jacket
<ul style="list-style-type: none"> • Black leather shoes, traditional style 	<ul style="list-style-type: none"> • Black leather shoes, traditional style
<ul style="list-style-type: none"> • Black scarf with school logo 	<ul style="list-style-type: none"> • Black scarf with school logo
<ul style="list-style-type: none"> • daRe hat 	<ul style="list-style-type: none"> • daRe hat
<ul style="list-style-type: none"> • Black school blazer, optional • Burgundy tie bow, optional 	<ul style="list-style-type: none"> • Black school blazer, optional • Tie – burgundy with school logo, optional
<ul style="list-style-type: none"> • Black school backpack with the school logo 	<ul style="list-style-type: none"> • Black school backpack with the school logo

Sport & PE uniform

The sport uniform may be worn to school on Wednesdays only. Students will change into the sport uniform for timetabled PE practical lessons.

<ul style="list-style-type: none"> • Charcoal and citrus sport shirt 	<ul style="list-style-type: none"> • Sports socks
<ul style="list-style-type: none"> • Charcoal sport short 	<ul style="list-style-type: none"> • Charcoal tracksuit jacket with logo, optional
<ul style="list-style-type: none"> • Joggers 	<ul style="list-style-type: none"> • Charcoal tracksuit trousers with logo, optional

Technology uniform

<ul style="list-style-type: none"> • White apron – hospitality 	<ul style="list-style-type: none"> • Blue apron – workshop rooms
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If a student is unable to wear their uniform, they need to report to the Deputy Principal before the start of lesson one. Students will be loaned the required uniform article where possible. Students with inappropriate or unsafe footwear will be withdrawn from the playground at recess and lunch. If a student is continually out of uniform, consequences will be given.

FOOTWEAR POLICY

This policy covers the wearing of acceptable and unacceptable school footwear.



All students are required to wear plain black, leather shoes to school. Acceptable school uniform shoes should have full leather uppers with no breather holes or fabric, and have a reasonable sole thickness. Boots or shoes that cover the ankle are not acceptable.

In practical Science and Technology lessons, it is a Work Health and Safety requirement and a Department of Education regulation, that appropriate, safe leather shoes are worn.

Shoes are required to be plain black with no other colour present. Plain black shoe laces should also be worn.

On Wednesdays, students have the option of wearing their sport uniform to school with runner/jogger style of shoes appropriate for participation in sporting activities. If students have a practical lesson (Science or Technology) on Wednesdays they need to bring their regular school shoes for those lessons.

Acceptable examples of plain black leather shoes

✓		✓	
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Unacceptable examples of shoes for normal school wear

X *		X *	
X		X	
X *		X *	

* This style of shoe is acceptable for wearing during sporting activities

The normal opening hours during school term are:

Tuesdays & Wednesdays: 8.00am – 10.00am, Thursdays: 2.00pm – 4.00pm

ROUSE HILL HIGH SCHOOL

UNIFORM PRICE LIST

Girls Formal Uniform

Junior Year 7 – Year 9

Blouse Short Sleeve with Trim	\$30.00
Skirt Formal Check	\$50.00
Shorts Formal Grey	\$37.00
Pants Formal Grey	\$45.00
Tie Maroon	\$12.00
Socks White (3pk)	\$11.95
Tights Black	\$8.50

Senior Year 10 – Year 12

Blouse Short Sleeve White	\$30.00
Skirt Formal Check	\$50.00
Shorts Formal Grey	\$37.00
Pants Formal Grey	\$45.00
Tie Maroon	\$12.00
Socks White (3pk)	\$11.95
Tights Black	\$8.50

Boys Formal Uniform

Junior Year 7 – Year 9

Shirt Short Sleeve Stripe	\$30.00
Shorts Formal Grey	\$35.00
Trousers Formal Grey	\$50.00
Tie Maroon	\$20.00
Socks Grey (3pk)	\$13.95

Senior Year 10 – Year 12

Shirt Short Sleeve White	\$30.00
Shorts Formal Grey	\$35.00
Trousers Formal Grey	\$50.00
Tie Maroon	\$20.00
Socks Grey (3pk)	\$13.95

Winter Uniform

Soft Shell Jacket	\$55.00
Jumper Poly/Cotton Black	\$70.00
Jumper Wool/Nylon Black	\$70.00
Scarf Black	\$15.00
Blazer Black	\$120.00

Sports Uniform

Polo Lime/Grey	\$30.00
Shorts Grey (Relaxed Fit)	\$25.00
Shorts Grey	\$25.00
Jacket Microfibre	\$70.00
Track Pants Microfibre	\$40.00
Socks White (3pk)	\$11.95
Football Socks Grey	\$12.00

Accessories

Cap Grey	\$14.00
Hat Bucket Grey	\$14.00
Belt Black	\$15.00
Backpack Black	\$68.00
Sports Bag Drawstring Black	\$8.00
Apron White	\$10.00
Apron TAS Navy	\$10.00
Polo Hospitality Black	\$25.00
Apron Hospitality Black	\$15.00

Prices effective 5 May 2023. Prices are subject to change.

SCHOOL UNIFORM SHOP

240 Withers Road, Rouse Hill
E: RousehillHS@theschoollocker.com.au

Trading Hours:

Tuesday 8:00am – 10:00am

Wednesday 8:00am – 10:00am

Thursday 2:00pm – 4:00pm

Scan the QR code to find your uniform online or visit theschoollocker.com.au



**SCHOOL
LOCKER_o**

GENERAL EQUIPMENT REQUIREMENTS

Please find below a list of general equipment requirements followed by Year group specific book and equipment requirements.

All students are required to bring daily for every subject:

- At least 1 blue, black and red pen, a pencil and sharpener, a ruler, an eraser, a glue stick, a small pair of scissors, coloured pencils and pencil case. **Correction fluid is not permitted at school.**
- Their **personal laptops fully charged**. Further details about the schools BYOD policy and recommended devices can be found on the school website.
- **Casio fx-82AU PLUS II scientific calculator**. The approved calculator is available from the uniform shop, The School Locker
- Fully enclosed leather school shoes are required for practical subjects (school requires them to be black).

YEAR 7 BOOK AND EQUIPMENT REQUIREMENTS

The book pack is a basic starter pack as we have endeavoured to keep the cost to a minimum. Books and equipment can be purchased from the uniform shop, The School Locker. Throughout the year, additional books and pens may be required.

A list of inclusions, or requirements, is shown below if you wish to purchase the books personally.

English	1 x 128 page exercise book
HSIE, PDHPE	3 Subject Notebook – 300 Page
Language	1 x 3GB USB 1 x Artline 200 (0.4mm) black pen
Science	1 x 240 page A4 lined book 1 x ruler 1 x gluestick
Mathematics	1 x protractor 1 x ruler Casio <i>fx82Au Plus II</i> calculator 1 x 128 page grid book
Technology	1 x display folder A4 20 pocket Apron – Blue (\$10 each at Uniform Shop) 1 x 2GB (minimum) USB
Visual Arts	1 x Visual Arts diary (11" x 14") 120 page 1 x 2B lead pencil
General	1x pack of coloured pencils
	1 x pencil sharpener
	2 x highlighters
	1 x 21 gm glue stick
	2 x blue pens
	2 x black pens
	2 x red pens
	1 x clear plastic 30cm ruler

YEAR 8 BOOK AND EQUIPMENT REQUIREMENTS

English	1 x 128 page (minimum) exercise book A4 size
HSIE, PDHPE	3 Subject Notebook – 300 Page
Mathematics	1 x ruler Casio <i>fx82Au Plus II</i> calculator 1 x 128 page grid book
Science	1 x 240 page A4 lined book 1 x ruler 1 x gluestick
Music	1 x 96 page 12 Stave Music exercise book 1 x Guitar Pick
Technology	1 x display folder A4 20 pocket 1 x White Apron (\$10 each at Uniform Shop)
Visual Arts	1 x Visual Arts diary (11" x 14") 120 page 1 x 2B lead pencil 1 x 30cm ruler

YEAR 9 BOOK AND EQUIPMENT REQUIREMENTS

COMPULSORY SUBJECTS	
English	1 x 128 page (minimum) exercise book A4 size
HSIE, PDHPE	3 Subject Notebook – 300 Page
Mathematics	1 x ruler Casio <i>fx82Au PLUS II</i> calculator 1 x 128 page grid book
Science	1 x 240 page A4 lined book 1 x ruler 1 x gluestick
ELECTIVES	
Child Studies	1 x 128 page exercise book
Commerce	1 x 128 page exercise book
Drama	A5 Visual Arts Process Diary (VAPD)
Food Technology	1 x 128 page exercise book, 1 x A4 display folder 1 x White apron (\$10 available at Uniform Shop), glue and scissors
Industrial Technology - Engineering	1 x 96 page exercise book 1 x Blue Apron (\$10 available at Uniform Shop)
Industrial Technology - Timber	1 x 64 page exercise book 1 x A4 display folder 1 x Blue Apron (\$10 available at Uniform Shop)
iSTEM	1 x 96 page exercise book

	1 x Blue Apron (\$10 available at Uniform Shop)
Music	1 x 96 page 12 Stave Music exercise book 1 x A4 display folder 1x HB lead pencil 1x 16USB
Photography	1 x Visual Arts diary supplied (once fees are paid) 1 x 8GB USB
Physical Activity & Sports Studies (PASS)	1 x 128 page exercise book
Visual Arts	1 x Visual Arts diary supplied (once fees are paid) 1 x 2B lead pencil

SCHOOL CONTRIBUTIONS 2024 – YEAR 7

This information provides details on contributions to be paid for Year 7 students.

Student Name:		Date:
Item	Cost	Amount being paid
General School Contribution (Voluntary)	Child 1	\$100.00
	Child 2	\$90.00
	Child 3	\$80.00
Wellbeing Incursions	\$17.00	
Camp	\$465.00	
Carnivals (Swimming and Athletics – entry and transport costs)	\$25.00	
Gala Day	\$7.00	
P&C Levy (Voluntary)	\$25.00	
Technology	\$60.00	
Visual Arts	\$35.00	
TOTAL		\$

SCHOOL CONTRIBUTIONS 2024 – YEAR 8

Student Name:		Date:	
Item	Cost		Amount being paid
General School Contribution (Voluntary)	Child 1	\$100.00	
	Child 2	\$90.00	
	Child 3	\$80.00	
Wellbeing Incursion		\$10.00	
Carnivals (Swimming and Athletics – entry and transport costs)		\$25.00	
P&C Levy (Voluntary)		\$25.00	
Music		\$10.00	
Technology		\$60.00	
Visual Arts		\$35.00	
		TOTAL	\$

SCHOOL CONTRIBUTIONS 2024 – YEAR 9

Student Name:		Date:	
Item	Cost		Amount being paid
General School Contribution (Voluntary)	Child 1	\$100.00	
	Child 2	\$90.00	
	Child 3	\$80.00	
Wellbeing Incursion		\$10.00	
Carnivals (Swimming and Athletics – entry and transport costs)		\$25.00	
P&C Levy (Voluntary)		\$25.00	
Food Technology		\$85.00	
Drama		\$40.00	
Dance		\$100.00	
iSTEM		\$100.00	
Photography & Digital Media		\$110.00	
Ind Tech - Timber		\$75.00	
Ind Tech – Engineering		\$70.00	
Music		\$20.00	
Visual Arts		\$80.00	
		TOTAL	\$

ROUSE HILL HIGH SCHOOL FACEBOOK PAGE

This Rouse Hill High School Facebook page was established in 2016 as a forum for staff to communicate with students and parents about activities and events throughout the school year. Please "Like" our page to receive updates about events and information that relates to our school, and to recognise and acknowledge the achievements of students at Rouse Hill High School.

Search for: "Rouse Hill High School" using the Facebook app, Facebook website or the following URL www.facebook.com/rousehillhighschool

The official page has the cover photo as shown below



We like positive comments and posts but we don't tolerate personal attacks.

We ask all users to be **respectful & responsible users** of the RHHS Facebook Page



Rouse Hill HS has a number of Facebook Administrators who monitor the page. Any posts that are repetitive, written in capital letters, use offensive language or are unlawful, will be removed

Posts and comments should **not** be abusive, bullying, defamatory or vilify any individual, group, the school or the Department of Education

RULES OF ENGAGEMENT

We remind online users to apply the principles of **good digital citizenship** when communicating through our Facebook Page.

While we welcome positive comments and posts and constructive criticism about school business, activities and events, we do not endorse or support negative defamatory comments or abuse

For related DoE policies and/or the Rouse Hill High School Policy see:
<http://www.dec.nsw.gov.au/> or
<http://www.RouseHill-h.schools.nsw.edu.au/>