

# ROUSE HILL HIGH NEWSLETTER



April 2020 / ISSUE 59

## Year 7 Camp, 2020

Year Coordinators: K.Ellis & J.Cutting



RHHS Year 7 Students at Outdoor Education Photo by: N.Sinderberry

The energy as we loaded the buses was vibrating with anticipation on Wednesday, 11 March. 170 Year 7 students and 14 Year 10 Peer Support Leaders, piled their bags into the buses ready for the 3 day camp adventure. The 2 hour journey was filled with excited chatter, predicting the activities to come and challenging each other to climb the highest on the rock wall. For many of our students this was their first camp, for others their second or third, for all this was a chance for them to venture out of their comfort zones and explore new understandings of what they are capable of.

Our trip concluded with a winding trip up into Mangrove Mountain, building excitement as the camp came into view. Our welcome to camp began with lunch followed by the organised chaos of finding our cabins and preparing for our first activities. We were welcomed by enthusiastic camp instructors, who injected their own energy into the groups each day. We were all pumped with nervous excitement as the groups split off into their first activities.

# Year 7 Camp 2020 continued

Year Coordinators: K.Ellis & J.Cutting

The light rain tested everyone's preparation for all conditions. In each activity that day Year 7 proved to be a collaborative and supportive year group, from helping one another into harnesses to lifting each other up in the giant swing. Following afternoon tea, we rotated to our second activity of the day, with the weather looking brighter the energy of our students continued to grow. After dinner and showers, we were split into two groups: Group 1 off for a film viewing in the dining room, their focus was unparalleled. Group 2 was off to Challenge Night, where they formed themselves into groups competing in friendly tasks which tested the strength of mind and limb. Our Year 10 Peer Support Leaders took the win for the teachers, while Year 7 were energised by the frenzy of healthy competition. Day One concluded with hot chocolates and choc chip biscuits to lull them off to sleep, students tired and ready to chat themselves to sleep -eventually!!



Raft building Photo by: N.Sinderberry

Day Two, students were woken at 6am to begin their first full day of activities. While the time was a shock and we moved through breakfast slowly, the energy had returned in readiness for our first activity of the day. Throughout the day we participated in four activities rotating between Archery, Rock Climbing, Abseiling, Giant Swing, Flying Fox, Raft building, Tri Jump and the TreeTops adventure course. Each activity offered students the chance to challenge their limits, face their fears and push themselves. The primary rule that each group followed was that everyone must try. A valuable lesson that they can take with them to all areas of their lives. Tri Jump offered the biggest variety of student reactions, climbing a straight ladder for 12 metres and then stepping off. Trusting the harness and ropes to hold them as they were slowly lowered to the ground after the initial drop. Cheers of encouragement and joy could be heard all around. Day Two ended much the same as Day One, with Year 10 again taking the championship for Challenge Night. Group 1 offered an increased competition, with many Year 7's almost completing the table climb, where they were required to climb around the table top without touching the ground. Bedtime on Day Two moved faster as all students were tired from the day's activities.

Day Three began early again. Students moved through breakfast in a practised manner, speeding through their food to pack their bags and get ready for their last activities.



# Year 7 Camp 2020 continued

Year Coordinators: K.Ellis & J.Cutting

In activities 7 and 8, Year 7 were experts in harnesses and cheerleading; the friendships stronger and the inside jokes funnier. Each student took the opportunity to set their own goals for each activity and achieved them. After debrief and lunch, the chaos of packing buses was the conclusion to our fun three days. The chatter on the bus home was quieter as students napped and chatted about the fun they had. Our final challenge came from the delayed return of the last bus. However, we can happily say that all students returned safely, only a bit tired from their 3 day adventure.

As the Year 7 Coordinators, we would like to thank the diligent efforts of our Year 10 Peer Support Leaders. Without our leaders, camp would not have been nearly as much fun, as they provided support and friendship for each group. They conducted themselves with maturity and enthusiasm each day. Their willingness to use their time to act as support for teachers and students is to be commended and attribute RHHS values in our student body..

We are sure that the bonds created within Year 7 during these days will continue to grow as we move through the journey of high school. Each student created fun-filled memories and stories that they can share. As our camp journey has come to an end, we have asked our students to share their favourite memory/highlight from camp.

Student highlights:

*"A highlight was that I was singing 'I want it that way' on the giant swing".*

*"The challenge night was really funny. I loved watching the people try to the finish the challenge".*

*"My highlight was coming back on the bus, it was really fun. There were many funny stories about camp".*

*"Going on the giant swinging overcoming my fear of heights".*

*"When we were doing raft building I named the boat s.s.capsize and it did its job most of the time ( it capsized so many times!!)".*



RHHS students abseiling Photo by: K.Bosworth

# Careers

K.Henson Careers Adviser

## Year 1.2

### **Business Cadetships.**

Business Cadets combine university study with paid work at UBS, a top ranking global bank.

**[Businesscadetships.com.au](http://Businesscadetships.com.au)**

**Applications close 13th May 2020**

## Years 7-1.2

### **Careers in Surveying**

Surveying is an exciting, interesting and global career with **high employment prospects.**

Access the following website for information.

[www.alifewithoutlimits.com.au](http://www.alifewithoutlimits.com.au)

### **Rouse Hill High School's career websites**

The following career websites can be accessed by all RHHS students to find career information and tools to support them with their career directions, choices and options.

- 1. Rouse Hill High School Careers Webpage**

[www.rousehillhscareers.com](http://www.rousehillhscareers.com)

- 2. Job Jump**

<https://www.jobjump.com.au/>

The password for our site is cows

- 3. Job Outlook**

[joboutlook.gov.au](http://joboutlook.gov.au)

- 4. TAFE NSW**

[tafensw.edu.au/ambition](http://tafensw.edu.au/ambition)

- 5. UAC Universities Admissions Centre**

[Uac.edu.au](http://Uac.edu.au)

- 6. Australian Jobs and Labour Market Information**

<http://lmip.gov.au>

## SURVEYING

### **Sydney Harbour Bridge Resurfacing**

#### **Hyperspectral Drone Cameras**



# 1.2 Leadership Team Vision Statements

Mrs Bosworth and 1.2 Leadership Team

## **Jacob M**

My name is Jacob M. While I've only officially been a part of the Fancy Badge Club for a year now, my leadership history dates back further than that. My involvement in slightly less fancy initiatives have given me the skills to be a perfect leader, and I hope to use these skills to make the school a more warm and comfortable place, and I'm not talking about the climate. Overall I'm thrilled to be a Prefect for 2020.

## **Kaitlin O**

Hi! My name is Kaitlin O and I am thrilled to be part of the leadership team in 2020! As a Prefect, I hope to honour and support the school environment the best way I can. The combination of being a student and leader at Rouse Hill High School has helped me to grow as an individual, learning from the various opportunities offered to me by the school. I have been able to learn a lot about myself as well as what it means to be a leader. I've been able to work with groups of people, all with a common goal to improve the school environment and support our peers. As a Prefect, I hope to help ease the transition between school years for younger students, helping them adapt to the new challenges they will be facing in their years at high school. I also hope to successfully contribute to the betterment of the school community for all students.

## **Kirsten O**

Heading into my last school year, I, Kirsten O, wish for my 20/20 vision to be reciprocated by my hopes as a leader in 2020. While I may not actually have perfect eye vision, it's true that my role as a 2020 leader is clear. I hope to maintain a friendly environment, acting as a role model and ensuring that school is a place where all students can feel as if they belong. In saying so, this not only benefits my peers but also helps me to engage with my responsibility as a leader at Rouse Hill High School.

## **Farah G**

My name is Farah G and I have been selected to take part in Rouse Hill High School's leadership team as a Prefect for 2020. I have been a part of leadership since the start of high school and I have valued every moment of this experience as it has taught me to be selfless and help others. My goal for 2020 is to work alongside my fellow Prefects and School Captains to improve our school to become a better place for the younger and future Rouse Hill High School students and provide opportunities for the students so that they are able to better enjoy their high school experience.



# You Choose: Youth Road Safety

2020 Prefect Mikayla and Mrs Bosworth

Qualities of a RHHS Leader include passion, selflessness, drive and concern for others. Mikayla P. a RHHS 2020 Prefect, exhibited all of these qualities through her campaign to teach our youth about the consequences of their choices in terms of road safety.

Mikayla organised, with the help of Mrs Bosworth, for our 1.0, 1.1 and 1.2 students to hear from Melissa McGuinness from *'You Choose – Youth Road Safety'*. On the 27th February she shared her story with us about how she is continuing to live with the loss of her 18-year-old son, Jordan, who died in a road accident in 2012. She spoke of the grief that she and her family now carry, as not only did Jordan die, but he was responsible for four other deaths.

Whilst it was a confronting story, Melissa's messages were pertinent around young people and decision making, particularly road safety issues such as speeding, texting, tailgating, distracted drivers, drugs and alcohol. This presentation was confronting and many students were moved to tears, with some students hugging Melissa after the presentation concluded.

The *'You Choose – Youth Road Safety'* motto is *Own the Choice. Own the Outcome.*

Melissa encouraged the students to consider how they will continue to seek opportunities and live life to its fullest, yet be mindful of the situations where they need to always place their safety and their wellbeing at the forefront of their decision making.



If you would like to gain an insight into what Melissa's presentation was about, please visit her [Facebook 'You Choose – Youth Road Safety'](#) page or the following links:

Today Show interview with George Gardner: [click on this link](#)

A Current Affair coverage of the You Choose Program: [You Tube Clip](#) [Facebook Link](#) [Print Article Link](#)

Georgie Gardner (Official Ambassador) advocating You Choose  
<https://studio.youtube.com/video/iHxgILWHNvY/edit>



# You Choose: Youth Road Safety Reflections

Mrs Bosworth and 1.2 Leadership Team

Melissa McGuinness was nothing less than an inspiration as she spoke about the heart wrenching loss of her son. Within her presentation, she used her immeasurable strength to highlight the consequences that can stem from poor decisions, most specifically driving under the influence of drugs and alcohol. She used her personal struggle with losing her son, and those lives he tragically took, to reveal the lasting impact of loss and poor decisions on families and communities. Our students and staff were confronted with the reality of negative life choices, brought to tears by the loss of a successful and loved young man, and inspired by the bravery of Melissa to speak openly about her son's mistake. Now changed individuals, Rouse Hill High students have the tools and power to make better decisions, so that their own families and friends may be saved from the heartache of untimely loss. Thank you Melissa. *Mrs Katie Bosworth*

Melissa and Jordan's story was extremely eye-opening and touching. It really put into perspective the impacts of drink driving and being responsible for your actions. Very important information for us teenagers getting ready for our license to make the right decisions.

*Anonymous*



You Choose Youth Road Safety was an extremely valuable program that explored the true weight of our decisions on the road. I organised Melissa's presentation at my school and was fully aware of her story, yet her presentation still brought me to tears. Her story was real, raw [which] allowed her to evoke an empathetic response from all of my peers. *Mikayla*

The You Choose Youth Road Safety program Melissa ran at my school was absolutely amazing. The session focused on our own accountability and actions, allowing us as students to connect on a much more emotional level. Through this program, my peers and I were able to make a clear connection between our own choices on the road and the consequences of our actions for others. The media that was presented was raw and powerful, clearly showing the impact of our decisions on the road to various people. I hope the You Choose Youth Road Safety program is able to continue to educate and inspire other students across Australia to drive safely. *Anonymous*

Melissa's story was touching and when putting ourselves in the position she was in, it was easy to see how much damage you can cause by one mistake. The presentation will spark change within our group and hopefully prevent such tragic accidents. *Anonymous*

# Athletics Carnival

Mr Barry and Ms Baldwin

Rouse Hill High School's annual Athletics Carnival was held much earlier this year on Tuesday 10 March. The weather was, once again, very hot and the athletes did a great job in the warmer than usual conditions. Each house cheered and roared for their friends from the stands. Well done to everyone who threw, jumped or ran their heart out.

Special mention to Mikayla P, Ethan J, Sylvester A, Kaiya B, Rory C, Tatyana O, Lucy F, Puatonga O, Sienna C and Emalee O who all broke records on the day. Fantastic efforts from these athletes!!!

There were plenty of records broken on the day but a special mention to all the staff who took a tactical defeat in the tug of war this year.



Year 12 students dressed to impress and in the biggest upset of the day the 'Mr Bilbija' impersonator was somehow unlucky not to win best dressed.





# Athletics Carnival

Mr Barry and Ms Baldwin



Well done to the following students who finished as age champions:

12 years boys Kai M / Timothy H-O

13 years boys Cooper D

14 years boys Jayden C

15 years boys Kye T

16 years boys Matthew L

17+ years boys Sylvester A

12 years girls Sienna C

13 years girls Shanayd P

14 years girls Lucy F

15 years girls Mikayla P

16 years girls Ella B

17+ years girls Kaiya B



Congratulations to the Walton house who won the carnival in a tight competition beating Dunlop by only 13 points for the title.

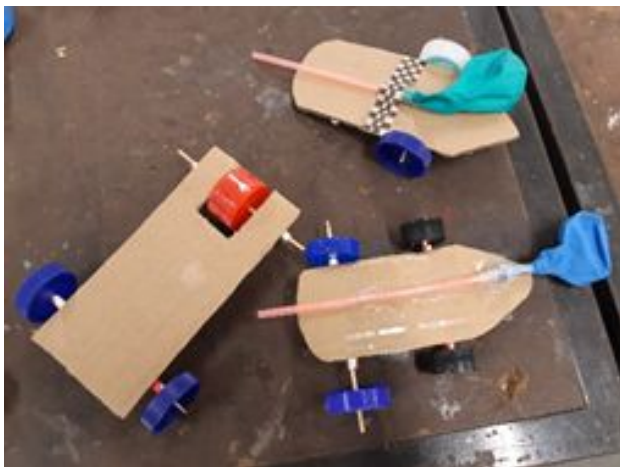


# An update from TAS

Mrs Walker - TAS



Monday 9 March 2020 was a busy day for the TAS department. It started out as always with engaging students in productive learning and providing opportunities for students to demonstrate their talents in the technologies subject areas, but this day was also an opportunity for students to engage with the community and showcase our school.



The Year 7 Meet the Teacher event was well attended in the Library and our VET Hospitality students and teachers prepared and presented their exquisite culinary delights for all who attended. A delicious spread of fruit, sandwiches, wraps and slices were prepared and served to staff and parents. The Hospitality students were attentive and professional in demonstrating their skills and capabilities in preparing and serving to customers.



Following this event was the school Open Night for prospective Year 6 students and Rouse Hill's TAS students and staff enjoyed demonstrating their talents again. Mr Byfield had students demonstrating wood turning and cabinetmaking skills, Mrs Walker had a display of Year 7 Engineered Systems student projects that included balloon cars and Balsa Wood CO2 Dragster Vehicles. The 3D printer was featured, working to produce parts for a Hydraulic Arm that Year 10 Industrial Technology Engineering students will be assembling later in class as a part of their learning around the use of hydraulic systems in engineering. There was an enthusiastic buzz from all children and parents in attendance. Well done to all involved in these events.

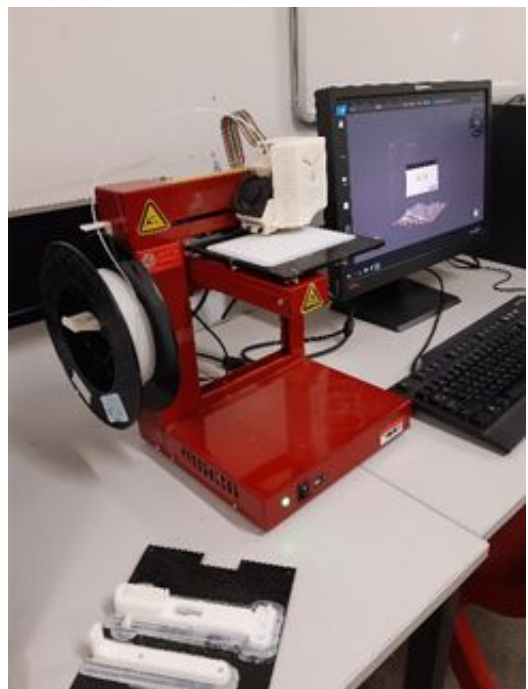


# An update from TAS (continued)

Mrs Walker - TAS



Year 9 Industrial Technology Engineering students have been developing their knowledge of materials and structures throughout the semester. They have mixed different ratios of cement, sand, aggregate and water to produce moulded concrete samples. Once they were cured (dried), the students tested the samples to determine which ratio was strongest in compression/tension and determine a use for each of the concrete samples. Students are now designing and constructing bridges that must span a 450mm gap. The students are provided with a range of materials including 3mm thick timber strips, paddle pop sticks and string and aim to construct a bridge that will hold increasing amounts of weight without being compromised whilst being constructed using materials efficiently. When they have completed their bridge it will be tested and they will analyse why one was stronger than another. There are fun times ahead in TAS.





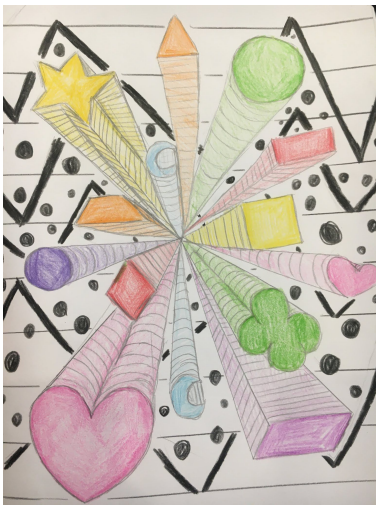
# Online Learning In CAPA and LOTE

Mr Wallace - Head Teacher CAPA

Over the last couple of weeks, the CAPA staff and students have been adapting to online learning. We would like to congratulate our students on the resilience they have shown during this difficult time.

Students have been using new technologies such as ZOOM and Google Hangouts to receive live feedback from staff on their learning. Students have been able to effectively engage with staff and have uploaded photographs of their practical projects as they make progress. We are very impressed with their efforts so far.

Just a reminder, if students wish to pick up their Visual Arts Process Diary, or need to borrow any supplies or equipment over the holidays, they can arrange pick up by calling the school on 9836 1890. We will arrange for any equipment to be sent to the office for pick up.



**Year 7 1 Point Perspective**



**Year 9 Pop Art Bubbles**



**Year 7 Origami**



**CAPA Staff Bitmojis**



# Creativity and Resilience Reign in English

Middle School

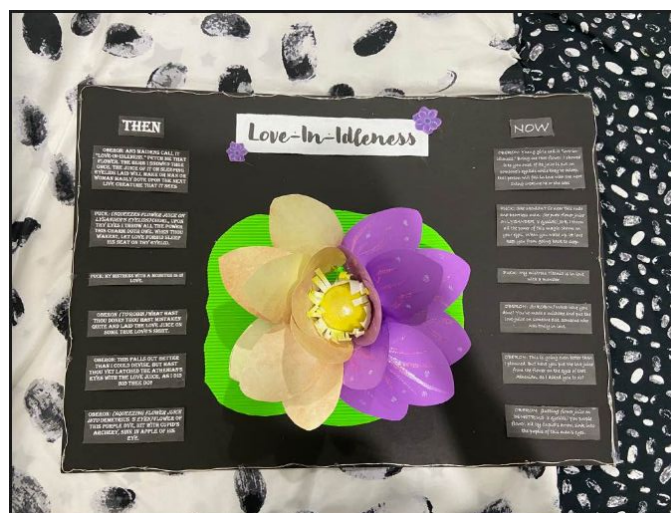
Despite the recent changes to our learning environment, students at Rouse Hill High School continue to excel at and engage in their English units.

**Year 7** submitted their recorded speeches which were a culmination of their efforts from their first 9 weeks at Rouse Hill High School. Topics ranged from 'Animal cruelty in circuses'; 'Why do people bully?' and 'Could robots take our jobs?'; to speeches about 'Aerial Silks' and 'How my family shaped me'. Year 7 is now focused on what narratives are and how to write engaging short stories.

**Year 8** has been focusing on finalising and perfecting their "A Midsummer Night's Dream" merchandise pieces and speeches. Students have used their creative thinking skills to develop unique pieces of merchandise. They have taken advantage of the online world and some students have demonstrated great initiative, creating additional interactive websites for their merchandise pieces.

<https://amidsummernightsdreamaus.weebly.com/> - Dylan Curtis - Year 8

**Year 9** has been focusing on reading and analysis of Shakespeare's play 'Twelfth Night'. The students are now developing their understanding of appropriations and exploring how and why changes have been made for a modern context. Students are applying this learning in their own project, selecting and creating their own appropriation for a modern context. The Year 9 teachers are extremely pleased that students are adapting and engaging with their digital learning platform.



Riman A - Year 8

# Creativity and Resilience Reign in English

Senior School

Over the last week, **Year 10** have been concluding their study of the Science Fiction genre by exploring a range of writing types. The online learning platforms have allowed them to explore the reality behind science fiction stories, resulting in students experimenting with the creation of diverse and engaging narratives using the conventions of the genre. They have also been developing their analytical writing skills, composing a comparative essay and discussing the consequences of technology on society. As we conclude our Science Fiction unit, we begin looking towards our new unit 'Macbeth' in Week 11.

**Yr 1.1 and 1.2 (Preliminary) Standard, Advanced and Extension** students prepared for Assessment Week with resilience and determination, easily adjusting to the new requirements, completing their final assessment online. Students took advantage of the online access to their teachers, asking relevant questions and applying the feedback given to them. The English faculty wants you to know that we are very proud of you and we will meet you again online soon!

Likewise, **English Studies** finalised their (hypothetical) Fun Run Assessment Task. We are excited to closely review their final submissions and how they execute their motivational and persuasive skills. From the drafts we have received, we are confident the class will produce amazing promotional posters and motivational speeches. The class is adjusting to online learning positively and our online lessons are exciting due to the collaborative nature of the tasks.

The English staff are very proud of the flexible and engaged learners demonstrating resilience across the school!



Emalee O, Emily E, Tahlia T - English Studies



# HSC & BEYOND

Virtual Careers Expo

WEDNESDAY 27<sup>TH</sup> TO SUNDAY 31<sup>ST</sup> MAY 2020

WEDNESDAY 24<sup>TH</sup> TO SUNDAY 28<sup>TH</sup> JUNE 2020



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 [info@inspired.edu.au](mailto:info@inspired.edu.au)

 1300 677 336

## KEY DATES

1  
APR  
2020

## APPLICATIONS OPEN FOR 2021:



You will need your UAC PIN (emailed to you on April 1) and NESAs Student number to apply through UAC.

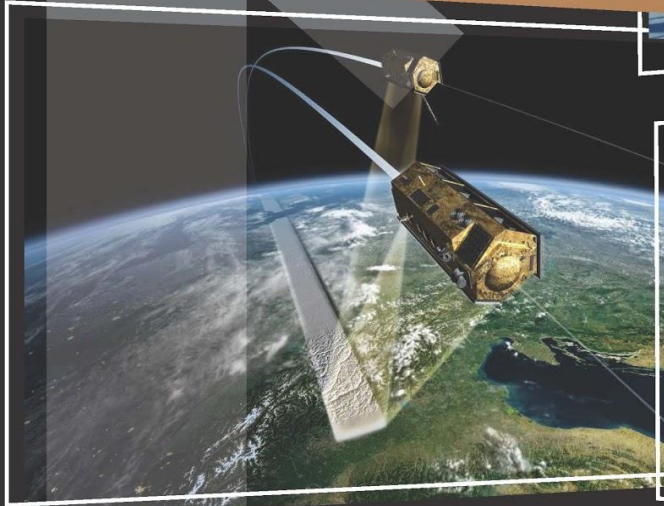


If a course you want to study isn't listed yet, you can apply (by selecting any course) and log back in later to update your preferences. All courses will be listed in the application by August.

**UAC**



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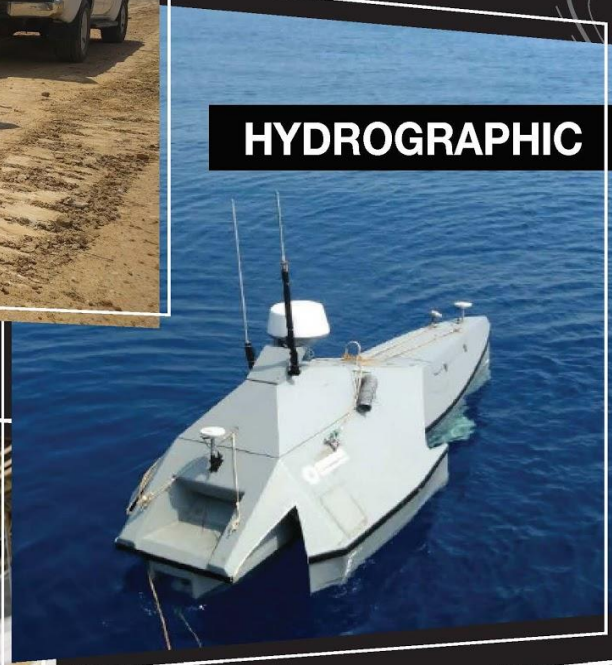


# WORK ON VARIOUS PROJECTS

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ING**

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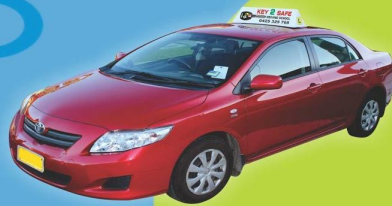
**Car Hire for RTA Driving Test**

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**Safer Driver Course Facilitator and Coach (TAFE)**

**Bus Driver Authority Course**



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# RHHS NOTICEBOARD

## P&C

The next P&C meeting was scheduled to be held on Monday 18 May 2020. Further details regarding alternative arrangements will be emailed to parents closer to the date.

If you would like to be added to the P&C email list, simply email the [rousehillhighschoolpc@gmail.com](mailto:rousehillhighschoolpc@gmail.com)

## ADVERTISING IN THE ROUSE HILL HIGH NEWSLETTER

Rouse Hill High School's newsletter contains paid Advertisements. The publication of such advertisements does not imply endorsement of any product or service by the NSW Department of Education or Rouse Hill High School.

If you are interested in advertising your business or community group in the next edition of this newsletter please visit <http://www.rousehill-h.schools.nsw.edu.au/our-school/rules-policies/rouse-hill-high-school-policies> and download a newsletter policy for requirements and procedures.

## NEWS

## UPCOMING EVENTS

9 April  
Last day of Term 1

27 April  
School Development Day

28 April  
First Day of Term 2

**Rouse Hill High School**  
PO BOX 6120  
Rouse Hill NSW 2155  
98361890

[www.rousehill-h.schools.nsw.edu.au](http://www.rousehill-h.schools.nsw.edu.au)